|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  | | |
| C:\Users\Windows\Desktop\Nuova cartella\00.jpg |  | C:\Users\Windows\Desktop\esercizi\aqws1200.jpg |  |
|  |  |  |  | Nome : | | |
|  |  |  |  |
| C:\Users\Windows\Desktop\Nuova cartella\s.jpg |  | C:\Users\Windows\Desktop\esercizi\t.jpg |  | C:\Users\Windows\Desktop\esercizi\1.jpg |  | C:\Users\Windows\Desktop\esercizi\44788a14-74ef-4b86-9eee-32df1fa00e42_stepper.jpg |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| C:\Users\Windows\Desktop\esercizi\s0.jpg |  | C:\Users\Windows\Desktop\esercizi\zzs800.jpg |  | C:\Users\Windows\Desktop\esercizi\s80h0.jpg |  | C:\Users\Windows\Desktop\esercizi\s800vgt.jpg |
|  |  |  |  |  |  |  |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| C:\Users\Windows\Desktop\esercizi\s80r0.jpg |  | C:\Users\Windows\Desktop\esercizi\Side-fly.jpg |  | C:\Users\Windows\Desktop\esercizi\sdgf800.jpg |  | C:\Users\Windows\Desktop\esercizi\Nuova cartella (2)\bicep-curls-350x321.jpg |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| C:\Users\Windows\Desktop\esercizi\3.jpg |  | C:\Users\Windows\Desktop\esercizi\s8k00.jpg |  | C:\Users\Windows\Desktop\esercizi\superset-2-weighted-crunch.jpg |  | C:\Users\Windows\Desktop\esercizi\08_Side_Bridge_Reach_F.jpg |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| C:\Users\Windows\Desktop\esercizi\allenamento-braccia-1.jpg |  | C:\Users\Windows\Desktop\esercizi\s12tq00.jpg |  | C:\Users\Windows\Desktop\esercizi\s8fgf00.jpg |  | C:\Users\Windows\Desktop\esercizi\esercizio-plank.jpg |
|  |  |  |  |  |  |  |